

# MEDICATIONS TO AVOID BEFORE YOUR ENT SURGERY



Norwest ENT  
Group

Certain medicines that you may be taking before your surgery may cause excessive bleeding during your operation. In turn the excessive bleeding could compromise the ultimate outcome of your operation. It is therefore important to avoid any of the medications listed below for at least 14 days before and after your operation.

If you are in doubt about whether it is safe to stop anyone of the medicines listed below, please contact your local doctor (or the specialist who prescribed the medication) as to whether it is safe to stop the medicine.

## NON-PRESCRIPTION

Aspirin  
Solprin  
Dispirin  
Ibuprofen  
Neurofen  
Aspro Clear  
Aspalgin  
Neurofen Plus  
Diclofenac

## PRESCRIPTION

Iscover  
Clopidogrel  
Warfarin  
Coumadin  
Plavix  
Voltaren  
Celebrex  
Mobic

\*\* Always check the label: Other products may contain aspirin or salicylates\*\*

## HERBAL AND NATURAL PRODUCTS THAT MAY CAUSE BLEEDING

Fish Oil  
Garlic supplements  
Ginger supplements  
Ginseng  
St John's Wort  
Ginkgo Biloba  
Vitamin E